A Neuropsychological Model for ADHD

Metacognitive Level:
- Fluid Intelligence
- Social Intelligence

Experiential/Integrated Skills Level:
- Behavior, Communication
- Daily Living Skills
- Long-Term Memory/Crystallized Intelligence

Executive Functioning Level:
Goal setting, Planning, Sequencing, Prioritizing, Organization, Task Initiation, Task Inhibition, Pacing, Attention Shifting, Self-monitoring, Task Completion, Working Memory

Foundation Level II: Gustatory (taste), Auditory (sound), Visual (sight), Olfactory (smell)
Foundation Level I: Proprioception (body position), Vestibular (balance), Tactile (feel)

Genetics and Biological Level: Regulation of Sleeping, Nutrition, Exercise, Sexuality, General Health

AFFECT REGULATION